

## TRAVEL CHECKLIST

### **Personal items:**

- \* Practical and comfortable clothes. Long sleeves and pants often a good idea to protect you from the sun and insects.
- \* A wind or rain jacket.
- \* A sweater for chilly nights or mornings in the highland. And perhaps gloves, cap and scarf if you know you're going to a cooler place in the mountains.
- \* Practical walking shoes or boots. Preferably not open shoes / sandals for the birding part of your trip. Many nasty thorns in places.
- \* Toilet gear. A private roll of toilet paper will often be the best investment on the trip.
- \* Personal medicine (including any antibiotics and medicine against motion and altitude sickness), glasses and other aiding tools needed. Best to bring it all with you from home.
- \* Mosquito repellent, Sun protection, Diarrhea pills and band-aids (can all be bought in Mexico).
- \* Hat / Cap.
- \* Sun glasses
- \* Flashlight
- \* Phone, camera and other electronic equipment, plus chargers and cables.

### **Travel papers:**

- \* Passport, visa and other identification papers.
- \* Travel insurance.
- \* Travel tickets.
- \* Money. US dollars, USD is the most accepted currency when exchanging to Mexican pesos, MXN.

- \* Credit cards. Cash machines are available throughout Mexico and probably the best and easiest way to get cash. Preferably Visa or Mastercard.
- \* Contact information to people at home.

**Birding equipment:**

- \* Binoculars.
- \* Telescope with tripod.
- \* Camera with tripod or monopod if needed. Or flash.
- \* Cleaning equipment and tools for light repairing.
- \* Enough memory cards to cover the whole trip.
- \* Laptop with card reader or external hard drive.
- \* Enough batteries for all your electronic stuff and their chargers if rechargeable.
- \* A cable switch to plug your cables in case you have to charge many batteries and only have access to few outlets.
- \* Adapters for plugging your cables if not same type as in Mexico. Plugs are two flat metal pins, same type as used in USA. Voltage 127 V.
- \* Flashlight. For owls and when light goes out in the middle of the night, which is rare.
- \* Bird guides. On electronic devices or hard copies.
- \* Maps if needed.
- \* Notebook and pen.
- \* Short range communication system.